

Fitness Device Comparison

Device	Price	Style	Activities Measured	Key Measurements	Monitor Sleep	Device Display	Device Syncing	Companion App (Compatibility)
Adidas Smart Run Watch	C	Wristband	Workouts	Calories, Duration, Steps, Distance	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Adidas Trail and Run (Apple and Android)
Adidas Speed Cell	B	Clip	Workouts	Calories, Duration, Distance	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Adidas Trail and Run (Apple and Android)
Adidas Fit Smart	C	Wristband	Workouts	Calories, Duration, Distance	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Adidas Trail and Run (Apple and Android)
Apple Watch	E	Smart Watch	Workouts and All Day Activity	Calories, Duration, Steps, Distance	Yes	Time of Day + Activity Metrics	Wirelessly to Computer, Wirelessly to Mobile Device	Health App (Apple)
Fitbit Alta	B	Wristband	All Day Activity	Calories, Duration, Steps	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Blaze	E	Watch	Workouts and All Day Activity	Calories, Duration, Steps, Distance	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Charge	C	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Charge 2	C	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Charge HR	C	Wristband	Workouts and All Day Activity	Calories, Distance, Duration, Steps	Yes	Yes	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Flex	B	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Flex 2	B	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	Progress Indicator Lights	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit Surge	E	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	Yes	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Fitbit One	B	Clip	All Day Activity	Calories, Distance, Duration, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)

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Fitbit Ultra	A	Clip	All Day Activity	Calories, Distance, Duration, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Computer	Not Available
Fitbit Zip	B	Clip	All Day Activity	Calories, Distance, Duration, Steps	No	Time of Day + Activity Metrics	Wirelessly to Computer, Wirelessly to Mobile Device	Fitbit (Apple and Android)
Garmin Approach S20	D	Wristband	Running/Walking**	Calories, Distance, Duration, Steps	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Approach X40	E	Wristband	Running/Walking**	Calories, Distance, Duration, Steps	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin D2 Bravo	E	Wristband	Cycling (Outdoors Only)	Calories, Distance, Duration, Steps	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 1000	F	On Bike	Cycling (Outdoors Only)	Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 200	C	On Bike	Cycling **	Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 205	F	On Bike	Cycling (Outdoors Only)	Calories, Distance, Duration, Speed/Pace	No	USB to Computer	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 305	F	On Bike	Cycling**	Calories, Distance, Duration, Speed/Pace	No	USB to Computer	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 500	D	On Bike	Cycling (Outdoors Only)	Calories, Distance, Duration, Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 510	E	On Bike	Cycling**	Calories, Distance, Duration, Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 605	F	Wristband	Running/Walking**	Calories, Distance, Duration, Steps/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge 705	F	Wristband	Running/Walking (Outdoors Only), Cycling**	Calories, Speed/Steps	No	Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Edge 800	E	Watch	Running/Walking**	Calories, Distance, Duration, Steps/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)

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Garmin Edge 810	E	Watch	Running/Walking, Cycling**	Calories, Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge Touring	E	Watch	Running/Walking, Cycling**	Calories, Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Edge Touring Plus	E	Watch	Running/Walking, Cycling**	Calories, Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Fenix	E	Watch	Running/Walking**	Distance, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Fenix 2	E	Watch	Running/Walking**	Distance, Speed/Pace	No	Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Fenix 3	E	Watch	Running/Walking**	Distance, Speed/Pace	No	Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Fenix 3 HR	E	Watch	Running/Walking**	Distance, Speed/Pace	No	Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Forerunner 10	B	Watch	Running/Walking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Forerunner 101	E	Watch	Running/Walking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Forerunner 110	C	Watch	Running/Walking Hiking/Skiing	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Forerunner 15	B	Watch	Running/Walking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 201	E	Watch	Running/Walking Cycling**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 205	E	Watch	Running/Walking Cycling/Swimming**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 210	E	Watch	Running/Walking**	Calories, Distance, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 220	E	Wristband	Running/Walking**	Calories, Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)

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Garmin Forerunner 225	E	Watch	Running/Walking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Forerunner 301	F	Wristband	Running/Walking Cycling+ (Outdoors Only)	Calories, Distance, Duration, Speed/Pace	No	Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 305	F	Watch	Running/Walking**	Calories, Distance, Steps/Pace	No	Date/Time + Activity Metrics	USB to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 310XT	E	Watch	Running/Walking Cycling/Swimming**	Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 405	F	Watch	Running/Walking**	Calories, Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 405CX	F	Watch	Running/Walking**	Calories, Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 410	F	Watch	Running/Walking**	Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 50	F	Watch	Running/Walking Cycling**	Calories, Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Forerunner 610	E	Watch	Running/Walking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 620	E	Watch	Running/Walking Cycling**	Calories, Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Forerunner 910XT	E	Watch	Running/Walking Cycling/Swimming**	Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)

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Garmin Forerunner 920XT	F	Watch	Running/Walking Cycling/Swimming**	Calories, Duration, Speed/Pace	Yes	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin FR60	F	Watch	Running/Walking**	Calories, Duration	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin FR70	C	Watch	Running/Walking Cycling	Calories, Duration	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Swim	C	Watch	Swimming	Distance, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Computer	Garmin Connect (Apple and Android)
Garmin Tactix	E	Watch	Running/Walking Cycling/Hiking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Tactix Bravo	E	Watch	Running/Walking Cycling/Hiking**	Calories, Distance, Speed/Pace	No	Date/Time + Activity Metrics	USB to Computer, Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Vivofit	E	Wristband	All Day Activity	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Vivofit 2	C	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Vivofit 3	C	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Vivoactive	E	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Vivoactive HR	E	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)

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Garmin Vivomove	C	Watch	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin VivoSmart	D	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin VivoSmart HR	D	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin VivoSmart HR+	D	Wristband	All Day Activity**	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
Garmin Vivoki	E	Clip	All Day Activity**	Calories, Distance, Steps	No	Progress Indicator Lights	Wirelessly to Mobile Device	Garmin Connect (Apple and Android)
iHealth Wireless Activity & Sleep Tracker	B	Clip	All Day Activity	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	iHealth MyVitals (Apple and Android)
Jawbone UP and UP 2	C	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	None	Headphone Port on Mobile Device	UP by Jawbone (Apple and Android)
Jawbone UP 3	D	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	None	Headphone Port on Mobile Device	Up by Jawbone (Apple and Android)
Jawbone UP 4	E	Wristband	All Day Activity	Calories, Distance, Duration, Steps	Yes	None	Headphone Port on Mobile Device	Up by Jawbone (Apple and Android)
Jawbone UP24	B	Wristband	All Day Activity	Calories, Distance, Steps	Yes	None	Wirelessly to Mobile Device	Up by Jawbone (Apple and Android)
Jawbone Upmove	B	Clip	All Day Activity	Calories, Duration, Steps	Yes	None	Wirelessly to Mobile Device	Up by Jawbone (Apple and Android)

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Device	Price	Style	Activities Measured	Key Measurements	Monitor Sleep?	Device Display	Device Syncing	Companion App (Compatibility)
Life Fitness Elevation Discover SE and SI Cross-Trainer**	C*	Crosstrainer	Walking, Running, Jogging	Calories, Duration, Steps/Distance	No	16 or 10 inch LCD touchscreen respectively	USB to Smartphone/iPad	LFConnect (Apple and Android)
Life Fitness Elevation Discover SE and SI FlexStrider**	C*	Stride Trainer	Walking, Running, Jogging	Calories, Duration, Steps/Distance	No	16 or 10 inch LCD touchscreen respectively	USB to Smartphone/iPad	LFConnect (Apple and Android)
Life Fitness Elevation Discover SE and SI PowerMill**	C*	Stair Climber	Flights Climbed	Calories, Duration, Steps/Distance	No	16 or 10 inch LCD touchscreen respectively	USB to Smartphone/iPad	LFConnect (Apple and Android)
Life Fitness Elevation Discover SE and SI Recumbent Bike**	C*	Bike	Cycling	Calories, Duration, Distance	No	16 or 10 inch LCD touchscreen respectively	USB to Smartphone/iPad	LFConnect (Apple and Android)
Life Fitness Elevation Discover SE and SI Treadmill**	C*	Treadmill	Walking, Running, Jogging	Calories, Duration, Steps/Distance	No	19 or 10 inch LCD touchscreen respectively	USB to Smartphone/iPad	LFConnect (Apple and Android)
Life Fitness Elevation Discover SE and SI Upright Bike**	C*	Bike	Cycling	Calories, Duration, Steps/Distance	No	10 inch LCD touchscreen	USB to Smartphone/iPad	LFConnect (Apple and Android)
Life Fitness Platinum Club Discover SE and SI Treadmill**	C*	Treadmill	Walking, Running, Jogging	Calories, Duration, Steps/Distance	No	19 or 10 inch LCD touchscreen respectively	USB to Smartphone	LFConnect (Apple and Android)
Life Fitness Track+ Cross-Trainers	C*	Crosstrainer (models X1, X3, X5, and X8)	Walking, Running, Jogging	Calories, Duration, Steps/Distance	No	The fitness track is a 4-5 inch single color LCD display that shows exercise information. A 30-pin dock for older iPhone models and a USB for Android devices is part of the track	USB to Smartphone	LFConnect (Apple and Android)

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Life Fitness Track+ Treadmills	C*	Treadmill (models F3, T3, and T5)	Walking, Running, Jogging	Calories, Duration, Steps/Distance	No	4-5 inch single color LCD display that shows exercise information. A 30-pin dock for older iPhone models	USB to Smartphone	LFConnect (Apple and Android)
Life Fitness Track+ Upright Bikes	C*	Bike (models C1 and C3)	Cycling	Calories, Duration, Distance	No	The fitness track is a 4-5 inch single color LCD display that shows exercise information. A 30-pin dock for older iPhone models and a USB for Android devices is part of the track	USB to Smartphone	LFConnect (Apple and Android)
Microsoft Band	C	Wristband	All Day Activity	Calories, Distance, Steps, Duration	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Microsoft Health (Apple and Android)
Microsoft Band 2	C	Wristband	All Day Activity	Calories, Distance, Steps, Duration	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Microsoft Health (Apple and Android)
Misfit Shine & Shine 2 & Swimmer's Edition	B	Clip	All Day Activity	Calories, Distance, Steps	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Misfit (Apple and Android)
Misfit Flash	B	Clip	All Day Activity	Calories, Distance, Steps	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Misfit (Apple and Android)
Misfit Ray	B	Clip	All Day Activity	Calories, Distance, Steps	Yes	Progress Indicator Lights	Wirelessly to Mobile Device	Misfit (Apple and Android)
Suunto Ambit3 Run	E	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)

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Suunto Ambit3 Sport	E	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Ambit3 Peak	E	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Ambit2	D	Watch	Running/Walking/ Swimming/Cycling	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Ambit2 S	D	Watch	Running/Walking/ Swimming/Cycling	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Ambit2 R	D	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Vector	E	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Ambit Quest	D	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Ambit M5	C	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Suunto Traverse	E	Watch	Running/Walking	Calories, Distance, Duration	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	Suunto MovesCount App (Apple and Android)
Sync Distance All Day Activity Tracker	A	Clip	All Day Activity	Calories, Distance	No	Activity Metrics	Headphone Port on Mobile Device	MapMyFitness (Apple)
Sync Burn Fitness Band	C	Clip	All Day Activity	Calories, Distance, Duration, Steps	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	MapMyFitness (Apple)

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Sync Calorie All Day Activity Tracker	D	Clip	All Day Activity	Calories, Distance, Duration, Steps	No	Activity Metrics	Headphone Port on Mobile Device	MapMyFitness (Apple)
Sync Elite All Day Activity Tracker	A	Clip	All Day Activity	Calories, Distance, Duration, Steps	No	Activity Metrics	Headphone Port on Mobile Device	MapMyFitness (Apple)
Sync GPS + HR Watch	A	Wristband	Running/Walking	Calories, Distance, Duration, Speed/Pace	No	Date/Time + Activity Metrics	Wirelessly to Mobile Device	MapMyRun (Apple)
Sync GPS Watch	B	Wristband	Running/Walking	Calories, Distance, Duration, Speed/Pace	No	Time of Day + Activity Metrics	Wirelessly to Mobile Device	MapMyRun (Apple)
Sync Step All Day Activity Tracker	A	Wristband	All Day Activity	Calories, Steps	No	Activity Metrics	Headphone Port on Mobile Device	MapMyFitness (Apple and Android)
Withings Activite	D	Watch	All Day Activity	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Health Mate (Apple and Android)
Withings Activite Steel	D	Watch	All Day Activity	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Health Mate (Apple and Android)
Withings Activite Pop	E	Watch	All Day Activity	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Health Mate (Apple and Android)
Withings Pulse Activity Tracker	C	Clip	All Day Activity	Calories, Distance, Steps	Yes	Time of Day + Activity Metrics	Wirelessly to Mobile Device	Health Mate (Apple and Android)

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Fitness App Comparison

Mobile App	Price	Activities Measured	Key Measurements	Compatible with Apple*	Compatible with Android*
Adidas Train and Run App	Free	Running/Walking/Cycling	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Apple Health - iPhone pedometer	Free	Multiple Activities	All Day Activity + Running/Walking Distance	Yes	No
Apple Health - Runtastic	Free	Multiple Activities	Active Energy (Calories), Cycling Distance, Walking + Running Distance, Workouts	Yes	No
Fitbit App	Free	All Day Activity	Calories, Distance, Duration, Speed/Pace, Steps	Yes	No
Garmin Fit App	\$0.99	Running/Walking/Cycling	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Garmin Connect	Free	Running/Walking/Cycling	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Jawbone UP App	Free	All Day Activity	Calories, Distance, Duration, Speed/Pace, Steps	Yes	Yes
MapMyFitness App	Free	Multiple Activities	Calories, Distance, Duration, Speed/Pace	Yes	Yes
MapMyHike App	Free	Multiple Activities	Calories, Distance, Duration, Speed/Pace	Yes	Yes
MapMyRide App	Free	Multiple Activities	Calories, Distance, Duration, Speed/Pace	Yes	Yes
MapMyRun App	Free	Multiple Activities	Calories, Distance, Duration, Speed/Pace	Yes	Yes
MapMyWalk App	Free	Multiple Activities	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Moves App	Free	All Day Activity + Running/Walking/Cycling	Calories, Distance, Duration, Steps	Yes	Yes

* Refer to appropriate app store to find out if your specific mobile device is compatible.

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Mobile App	Price	Activities Measured	Key Measurements	Compatible with Apple*	Compatible with Android*
RunKeeper App	Free	Multiple Activities	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Strava Running and Cycling App	Free	Running/Walking/Cycling	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Suunto MovesCount App	Free	Running/Walking/Cycling	Calories, Distance, Duration, Speed/Pace	Yes	Yes
Under Armour Record App	Free	Multiple Activities	Calories, Distance, Steps	Yes	Yes

* Refer to appropriate app store to find out if your specific mobile device is compatible.