

**HealthTrust**  
**Health Awareness Program - Ineligible Programs**

**In general, basic or intermediate level health and safety classes/programs are eligible for reimbursement; specialized training is not eligible. Programs that are not eligible include, but are not limited to: leagues, clubs, membership, tournaments, competitions. Additionally, advanced programs, most online programs, treatments, programs for professional certification, classes for credit or CEUs are not eligible. Private classes are not eligible with the exception of one-on-one personal training or nutritional counseling for adults and dependent children age 18 and older. Program is subject to change without notice.**

Ineligible Programs	Provider/Facility Name	Location	Reason
Acupressure	All		Treatment; involves touch
Acupuncture	All		Treatment
Advanced Golf Seminar	Concord Hospital Center for Health Promotion	Concord, NH	Advanced programs not eligible
Adventure camps	Various, including Aventurelore		Not primarily instructional
Baby Bach (pre-school music)	YMCA		Not health/safety related
Boating License Class	All		Required to obtain license
Camps for adults (and dependents age 18 and over)	All		Camps for adults (and dependents age 18 and over) are not eligible
Circus Arts	New England Center for Circus Arts		Professional show training; many activities not health/safety related
Club (e.g., tennis, golf, track, hockey, etc.) fees/membership	All		Membership fees not eligible
Coastal Navigation	Boatwise/USCG		Not basic safety program; specialized boating navigation program
Colonics cleansing	All		Treatment
Connecting for Quality Conference	NH Child Care Resource & Ref Network	NHCCR&R	Professional development; not basic health education
Court-ordered alcohol/substance abuse programs	All		Court-ordered drug/alcohol/substance abuse programs or relating to criminal offenses not eligible
Creating Wellness Program	Parnell Family Chiropractic Center		DVDs, balls/bands, supplements
Designing a Beautiful Life	InspiredHealthyLife.com	online	online program
DO IT Program for Diabetes	Joslin Clinic	Boston, MA	Treatment; involves private counseling, lab work, physican assessment
Doctor's Weight Control	Doctor's Weight Control	Clermont, FL	Treatment; involves weekly shots, cleansing, vitamins, other products; no classes, counseling or support
Driver's Education	All		Required to obtain driver's license
Eight (8) Weeks to Wellness	Manchester Chiropractic	Manchester, NH	Treatment; includes physical, bloodwork,chiropractic treatment, massage, x-rays
Exercise equipment (purchase)	All		Not program or class

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Family and Friends Coaching Practice Conference with John Bradshaw	Family and Friends Coaching Practice Conference with John Bradshaw	Mansfield, MA	Geared to Social Workers/professionals
Family Music	Gymboree and various		Music programs not eligible; not health/safety related
GPS/Chartplotters	Boatwise/USCG		Not basic safety program; specialized boating navigation program
Gymboree or Gymboree Play & Learn	All		Social interaction, communication/connection skills not eligible; exception for Balance & Coordination classes
Health Coaching Hypnotherapy	Peg Leighton, LMT		Treatment/therapy, not instruction/education class
Herbal Healing/Homeopathic	All		Treatment
Hypnotherapy for Weight Loss	All		Treatment/therapy; not an instructional/education class
Jenny Craig	Jenny Craig		Food products not eligible; no class or instruction
JW Tumbles Playground/gym	JW Tumbles Playground/gym		Social/cognitive skills, play
Lifeguard Training (& CPR, watersafety related to)	All		Not basic safety program; required for certification
Loretta LaRoche performance	All theatre-type venue		Not eligible in theatre setting; only eligible when provided through employer group
Marriage Seminar	All		Relationship management programs do not meet eligibility criteria - not health or safety related
Massage	All		Only Intro to Massage (doesn't include touch) eligible
Maya Abdominal Massage - Introduction, for Digestive Disorders, for Women's Health	Concord Hospital Center for Health Promotion	Concord, NH	Involves massage/touch
Meet Your Spirit Guides & Group Hypnosis	Diane Gelinias, MSW		Not health/safety related
Membership fees	All		Membership fees not eligible
Mindful Golf	Concord Hospital Center for Health Promotion	Concord, NH	Not health/safety related
Music and Motion; Music Together	Atlantic Gym	Dover, NH	Music and play with instruments & toys; not health/safety related
Musical theatre	All		Not health/safety related
Nutrisystem	Nutrisystem		Food products not eligible; no class or instruction
Online CPR (such as ProCPR)	All		Considered only with proof of completion of hands-on competence test
Open Bounce at AirZone	AirZone	Portsmouth, NH	General play; kids bounce in inflatable play space, obstacle course and bouncy structures
Physical Training for Law Enforcement	Plymouth State University	Plymouth, NH	Professional development
Postural Therapy/Egoscue	All		Therapy not eligible; pain treatment with exercise
Reawakening Creativity: Collage for Self Expression	Concord Hospital Center for Health Promotion	Concord, NH	Not health/safety related
Reflexology-Hand or Foot	All		Treatment; involves touch
Reiki healing sessions	All		Treatment/therapy not eligible
Rock climbing, Belaying (indoor or outdoor)	All		Recreational activity
Rolfing	All		Treatment (deep tissue massage)
Rowing (outdoor)	All		Recreational activity; indoor rowing as exercise is eligible

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Scout Camps (Boy Scouts/Girl Scouts)	All		Not primarily physical activity
Sharkey's Healing Centre	Australia & various		Fertility program involving herbal supplements
Shooting Camp	Civil marksmanship program; NRA Clinic weekly camp		Not basic safety program; specialized shooting program
Smoking Cessation through Hypnosis	All		Treatment/therapy; not instructional/ education class; method is not recognized by American Lung Assoc
Sound Healing & Energetic Activation (Wisdom of the Andes)	All		Sound healing, readings, sacred ceremony
Stop Shoplifting Teens Program	All		Not health/safety related
Swim - advanced class	All		Advanced classes, masters swim program, competitive programs not eligible
Swinging Siblings	Concord Comm. Music School	Concord, NH	Music class
Therapy Dog Training	All		Not health/safety related
The Courage To Care: Embracing End-of-Life Decisions	Weeks Annual Hospice & Palliative Care Conf	Lancaster, NH	Professional development; not basic health education
Theatre	All		Not health/safety related
Total Transformation Program	James Lehman		Child behavior issues; CDs etc; not class
Touch for Health Advanced levels	All		Professional development; not basic health education
YMCA class registration entitled "membership"	YMCA		Membership fees not eligible
Zentangle Therapeutic Drawing class	All		Recreational activity/hobby; art technique
Therapeutic Yoga	All		Treatment/therapy not eligible